



SAMPLE MENU

Healthy Menu

TO BEGIN

Citrus-Cured Salmon

Delicately cured salmon with avocado, cucumber, radish and fresh herbs, finished with bright citrus and a light yuzu dressing.

STARTER

Roasted Beetroot & Goat's Curd

Salt-baked beetroot with whipped goat's curd, orange, toasted seeds and baby leaves, sharpened with an elegant sherry vinaigrette.

MAIN

Herb-Roasted Sea Bass

Herb-roasted sea bass with quinoa tabbouleh, grilled courgette, asparagus and pomegranate, finished with a vibrant lemon-herb dressing.

DESSERT

Greek Yoghurt, Berries & Almond

Thick Greek yoghurt with macerated berries, toasted almond, orange blossom and a restrained drizzle of local honey - light, fresh and naturally elegant.